Contents

Food Safety Nutritional Supplements and Food Additives in Lebanon	p. 4
Food Safety Food Additives: A Modern Necessity Or a Hidden Risk?	p. 6
Nursing Nursing Education in Lebanon: From Roots to Renaissance	p. 8
Nursing Caring for an Aging Population: Strategies to Improve Quality of Life	p. 12
Coaching Culture The Coaching Mindset: A Scientific Prescription for Health Sector Transformation	p. 14
Artificial Intelligence Harnessing AI to Transform Hospital Finance in Resource-Constrained Settings	p. 16
AI in Dentistry Artificial Intelligence in Dentistry: A Catalyst for Smarter, More Precise Oral Health Care	p. 18
Robotic Surgical The Latest Advancements in Robotic Surgical Interventions	p. 20
Obesity Management Psychotherapeutic & Behavioral Interventions for Obesity Management: A Comprehensive Review	p. 24
Public Health Pilates and Pregnancy: A Holistic Approach To Maternal Health and Well-being	p. 28
Mental Health Poor Metabolic Health Can Harm Brain Function	p. 30
Hospital Leadership-Driven Auditing: Embedding Compliance Into the DNA of Hospitals	p. 32
Associations Reimagining and Advancing Healthcare: The Story and Promise of LHMA	p. 34
Society From a Notebook in Paris to a National Movement: The Story of LSQSH	p. 36
Press Release Bellevue Medical Center Celebrates 15 Years of Leadership	p. 38
Dermatologie Dermatose Faciale Bénigne et Chronique : Facteurs et Prévention	p. 40
Médecine Psychomatique Le Corps Parle Quand la Parole Manque	p. 43
Conférences Internationales Expérience Enrichissante à la 78 ^{ème} Assemblée Mondiale de la Santé	p. 46
Astuces Santé Les Rienfaits du Cassis sur la Santé	p. 50





Invest in Your Health: The Haykel Premium Health Package Experience

In a world where we often wait for symptoms to signal danger, Haykel Hospital is redefining the future of preventive care. Imagine a half-day dedicated entirely to you-your health, your wellbeing, your peace of mind. The Haykel Premium Health Package (HPHP) transforms routine check-ups into a personalized, luxurious, and data-driven experience.

Whether you re a busy executive, a frequent traveler, or someone who simply values their health, HPHP is tailor-made to fit your needs. Through a simple online questionnaire, our team builds a profile based on your age, gender, lifestyle, and medical history. This information helps us craft a **fully personalized screening**-from cardiac and cancer risk assessments to rheumatological, neurological, and even genetic consultations.

What sets HPHP apart isn't just the medicine-it's the experience. Your journey begins with an in-person evaluation at **Haykel Hospital**, one of Lebanon's leading medical centers. You II undergo cutting-edge tests, benefit from expert consultations, and enjoy the comforts of our executive suites. From **total body MRIs** to **lifestyle mentoring** and **pain management services**, every step is handled with discretion, efficiency, and excellence.

And for those who can't afford to wait? Test results are shared promptly and securely once available. In addition, a **comprehensive personal report** summarizing all results, medical recommendations, and a tailored follow-up plan is prepared and delivered to the patient, ensuring a full understanding of their health status and next steps.

Convenience, science, and luxury converge in this one-of-a-kind wellness experience. Take a break from your calendar. Invest just half a day. The return? A lifetime of clarity, confidence, and control.

For details or to book your package:

WhatsApp: +961 76 347 774 | +961 6 411111 Ext: 633 pr@haykelhospital.com | www.haykelhospital.com